

WPA 2020 Virtual Annual Convention Schedule at a Glance

“The Future of Psychology: Preventing Injury, Healing Wounds”

Thursday, October 8, 2020

- 8:30-10:00am 1. KEYNOTE: Stepping Out of Our Comfort Zones - *Comer* (1.5 credits)
Break
- 10:30-12:00pm 2. Treating Early Childhood Anxiety - *Comer* (1.5 credits)
3. Public Ed - Hey Psychologists, You Aren't That Important! - *Rader & Cunningham* (1.0 credits)
4. Elder Mediation and Eldercaring Coordination - *Bronson* (1.5 credits)
5. Working Through Adversity: An Applied Psychology Approach - *Weaver* (1.5 credits)
Break – Visit our Sponsors
- 1:00-2:30pm 6. Let the Fun Begin: Licensure, Advocacy & APA Council - *Jurenc* (1.5 credits*)
7. Integrating Religious Belief and Individual Psychology - *Rader* (1.5 credits)
8. Psychology as Part of the Team in Youth Sports - *Apps & Smith* (1.5 credits)
Break
- 3:00-4:30pm 9. 21st Century Empowerment: Finding True Self - *Garrison & Weaver* (1.5 credits)
10. Medical and Psychological Trajectories of Aging - *Marnocha, Schultz & Barenboim* (1.5 credits)
11. DBT in Schools: Skills Training for Adolescents – *Weber, Numphius, Zapata, Wessels & Stoler* (1.5 credits)
12. Utility of Trauma Instruments in CPS Referred Clients – *Gust-Brey, Kroes & Bliske* (1.5 credits)

Friday, October 9, 2020

- 8:30-10:00am 13. KEYNOTE: Healing in the Aftermath of Hate - *Kaleka* (1.5 credits)
Break
- 10:30-12:00pm 14. Early Life Trauma Effects on Cognitive Functioning - *Glassman & Mathy* (1.5 credits)
15. Psych Geeks: Using Popular Culture to Teach and Practice - *Hintz & O'Connor* (1.5 credits)
16. Adult Outcomes in Autism Spectrum Disorder - *Farley* (1.5 credits)
17. Preventing Healthcare Stress and Burnout – *Marnocha (Mark), Marnocha (Suzanne) & Schultz* (1.5 credits)
Break – Visit our Sponsors
- 12:30-2:00pm 18. The Great Psychotherapy Debate - *Jurenc* (1.5 credits)
19. Adolescent Sexting: Background, Assessment and Treatment - *Subramanian & Burns* (1.5 credits)
20. Boost Your Brain: 5 Steps to Reduce Risk of Alzheimer's - *Braun* (1.5 credits)
Break
- 2:30-4:00pm 21. Navigating Internship, Fellowship, Licensure and More! - *Diestelmann & Offenwanger* (1.5 credits)
22. Microaggressions in Clinical Contexts - *Skerven & Hintz* (1.5 credits)
23. Retiring with Integrity: A Personal Journey – *Bespalec* (1.5 credits*)
Break
- 4:15-5:15pm 24. Navigating Internship and More Roundtable - *Diestelmann & Offenwanger* (1.0 credits)
25. Microaggressions in Clinical Contexts Roundtable - *Skerven & Hintz* (1.0 credits)
26. Retiring with Integrity Roundtable - *Bespalec, Clark & Montano* (1.0 credits*)

Saturday, October 10, 2020

- 9:00am-4:00pm 27. Sequence X: Perplexing Problems in Psychological Practice:
Decision Science, Ethics & Risk Management- *Byrant/The TRUST* (6.0 credits*)
Break for lunch determined by speaker

(*) Ethics Credits

WPA 2020 ANNUAL CONVENTION: THE FUTURE OF PSYCHOLOGY

THURSDAY, OCTOBER 8, 2020

#1 - Keynote Session 8:30 - 10:00am

Stepping Outside of Our Comfort Zones: Expanding the Reach and Scope of Clinical Psychology in the 21st Century (1.5 Credits)

Jonathan Comer, PhD

Our field is currently faced with novel challenges and exciting opportunities that promise to meaningfully transform the landscape of clinical psychology and the role of the clinical psychologist in the years to come.

Against a backdrop of a shifting health care system with an uncertain future, threats to the traditional role of the clinical psychologist, the reducing prominence of psychological treatment in mental health care, unacceptable and worsening disparities in access to and quality of care, large gaps between treatment outcomes observed in research settings versus routine community care settings, and limitations seen in the effectiveness of established treatments, it's clear that innovative solutions are needed to solve these current day problems.

Most of our leading psychological treatment orientations emphasize how patients must step outside of their "comfort zones" for productive change to unfold. However, as a field, it's increasingly clear that we will need to step outside of our "comfort zones" in order to successfully navigate the difficult clinical and professional challenges of our time. This keynote will highlight innovative intervention formats and novel treatment redesigns that promise to help psychologists achieve and sustain a consequential public health impact now and in the future.

Dr. Comer will focus on the future of psychology -- the increasing roles of remote technologies, videoconferencing-based treatments, mHealth and mobile apps, wearable devices, passive sensor data, just-in-time adaptive interventions (JITAI), and a progressive shift in the field toward the routine delivery of mental health care in non-mental health settings.

Don't miss what the future holds for the profession of psychology!

Breakout Sessions 10:30am - 12:00pm

#2 - Treating Early Child Anxiety: Emerging, Converging, and Diverging Practice Trends (1.5 Credits)

Jonathan Comer, PhD

Although anxiety disorders are relatively common in early child populations, the majority of rigorous research on the effective treatment of child anxiety has focused on middle childhood and adolescence. Until recently, there had been regrettably limited systematic evaluations to clarify indicated psychological intervention methods for the treatment of anxiety and related problems presenting in early childhood. Young children lack many of the developmental capacities required to effectively participate in established treatments for anxiety problems presenting in older children, making simple downward extensions of these treatments for the management of preschool anxiety problems misguided. In recent years, a number of groups have successfully developed effective and developmentally responsive strategies for addressing child anxiety in the preschool years. This session will cover emerging, converging and diverging trends across these increasingly supported methods for reducing early childhood anxiety, with particular focus on how supported methods for treating early child anxiety meaningfully differ from supported methods for treating anxiety in older children. Emphasis will be placed on issues of developmental fit and responsivity and the critical role of parent involvement when treating anxiety in preschoolers.

Presented by the Public Education Committee:

#3 - Hey Psychologists – You Aren't That Important! (1.0 Credits)

Ben Rader, PsyD and Jamal Cunningham, PsyD

In this compelling presentation, the Public Education Committee takes on dismissive views of the field of psychology and offers an informative and compelling inventory on what psychologists, and our field, bring to the table in terms of treatment and human betterment. Participants will learn about the unique contributions of psychology and gain a broader view on the unique role that psychologists serve toward continuous contributions to human behavior, health and understanding the psyche. Keeping psychologists motivated to contribute their respective areas of expertise within their communities as a way to showcase the importance of psychology is critical to challenging the inaccurate dismissive views.

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#4 - Healing the Older Family Divide: Elder Mediation and Eldercaring Coordination (1.5 Credits)

Sue Bronson, MS

At some point, our older loved ones may need extra help with their care and decision-making. Will the family come together in this time of need or will old rivalries raise their ugly heads? Will limbs of the family tree break off? Elder Mediation and Eldercaring Coordination are two options that enable families to resolve disputes in a manner that respects the need for safety and autonomy of their ageing loved ones. The differences between these two distinct processes, including ensuring that all relevant parties are represented and receive appropriate accommodations, as well as eldercaring as an alternative to court for high conflict families will be presented. The intergenerational impact of conflict will also be addressed.

Breakout Sessions 10:30am - 12:00pm

Presented by Psychologically Healthy Workplace:

#5 - Working Through Adversity: An Applied Psychology Approach (1.5 Credits)

John Weaver, PsyD

“Resilience” is a commonly used term, often applied to multiple environments as a key factor for success, whether in treatment settings or for improving workplace success. In this breakout session, resilience strategies for individuals, drawing on research from psychologists like Angela Duckworth and Kelly McGonagal, will be investigated. Applications of resilience training for groups, supported by research from psychologists like Eduardo Salas and Shawn Achor, among others, will also be presented. Twelve research-based criteria for developing resilience programs drawn from studies by Richta Ijntma, Yvonne Burger and Wilmar Schaufeli will be discussed.

Breakout Sessions 1:00 - 2:30pm

Presented by the Advocacy Cabinet:

#6 - Let the Fun Begin: An Update on Licensure, Advocacy and APA Council (1.5 Credits*)

Greg Jurenc, PhD, Co-Director, Advocacy Cabinet

This presentation will explain the events leading to the need to re-write the present licensing law. The serious flaws, limitations and consequences of the present law passed in 1994 will be discussed. The important provisions in the proposed statute will be explained. As of December 2019, the bill has been introduced and assigned to committees in the Assembly and Senate and has had a hearing in the Senate Committee. The bill's current status in the legislative process and upcoming steps will be discussed. Additional Advocacy initiatives will be discussed, such as the newly developed Legislative Review Committee. In addition, highlights from the February meeting of the APA Council of Representatives will be presented.

#7 - Towards an Integration of Religious Belief and Practice with the Theory of Individual Psychology (1.5 Credits)

Ben Rader, PsyD

In this presentation, considerations for the integration of religion and psychology, and the important role that theory plays in allowing for this to occur, will be offered. After reviewing perspectives pertaining to the integration of religion and psychology, we will delve into the organizing precepts of one of psychology's longest standing theories, the theory of Individual Psychology, and consider an approach to integrating religious belief and practice into the theory of Individual Psychology. Participants will gain a greater understanding of ethical considerations and how Individual Psychology can modify and direct the integration of religious belief and practice through its constructs and assumptions.

#8 - The Future of Youth Sports: The Essential Role of Psychology as Part of the Team (1.5 Credits)

Jennifer Apps, PhD and Heather Smith, PhD

With 30 million children and adolescents in the US playing sports, CDC data shows increasing trends of injuries and drop-out rates. The social, emotional and intangible skills benefits children and adults strive towards with sports participation are being lost in excess. Excessive time, commitment, and cost are wearing away the foundation of both family and sport, negating the potential benefits for our nation's youth. This presentation will review the state of our nation's youth participation in sports focusing on how we can prevent these losses. Factors influencing participation, quality of coaching, pressure from parents and how sports can be a positive factor without detracting from needed development in other areas will be addressed. As time and financial commitments increase, the psychological make-up of the American family and the shifting cognitive framework of the young athlete, as the sport they once loved becomes a burden and a singular self-concept, will be discussed.

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Breakout Sessions 3:00 - 4:30pm

#9 - The Empowered Woman and The Empowered Man in the 21st Century; Moving Past the Old Programming to Find the True Self (1.5 Credits) - Diane Garrison, PhD and John Weaver, PsyD

Society has seen many transitions since the 1960's. Women now have greater opportunities in education, careers, financial independence, and leadership than in any past generation. Most families are dual career couples. This rocks the boat in terms of centuries old cultural programming of men's and women's roles in the home and in the outside world. It is impacting the mental health of both genders and creating new pressures in intimate and professional relationships. How do we as psychologists lead the way in terms of helping clients navigate the passage out of the old norms and into a fuller, more holistic view of what defines "true self" (true appreciation for masculine and feminine qualities in both genders). Join this informative and interactive forum where we will share not only research knowledge, but open the discussion to hear your personal and clinical experience as well.

#10 - Medical and Psychological Trajectories of Aging: Reducing Deficits and Enhancing Well-Being (1.5 Credits)
Mark Marnocha, PhD, Deb Schulz, MD and Hernan Barenboim PsyD, PhD

The years spent in later life are increasing on average, and this portion of life has distinct physical and emotional risks as well as major domains for enhanced health and purpose. Elders benefit from comprehensive healthcare that includes primary care, specialty treatment, and psychological services aligned with medical and mental health teams. This session will examine research on trajectories of later life, with special attention to medical risks such as medication risks, frailty, muscle weakness, delirium, drug interactions, inflammatory disorders, and dementia. While older adults often have more occasions of healthcare, they do not always have a psychological dimension as part of that care. Psychologists may assist at the interface of medical and psychological care, as patient educators and advocates as well as primary care team members. This session will explore diverse medical and psychological challenges in the care of elders, as well as essential interventions and collaborations.

#11 - Dialectical Behavioral Therapy in Schools: Skills Training for Emotional Problem Solving for Adolescents (DBT STEPS-A): A Preventative Mental Health Approach Enhancing Students' Learning of Life Skills and Coping Strategies (1.5 Credits) - Sarah E. Weber, MS, LCP-IT, Mary Catherine Nimphius, MS, LPC, Juan Zapata, MS, Kyla Wessels, MS, LPC and Madisen Stoler, MS, LCP-IT

Teens today are inundated with complex problems, such a suicide ideation, self-harm, drug and alcohol use and eating disorders, to name a few. Dialectical behavioral therapy (DBT) is an effective evidenced-based treatment that has been modified for adolescents struggling with suicide ideation and non-suicidal self-injury, as well as their families (DBT-A). Within this comprehensive program, treatment is often reactive and implementation requires a lot of time, training and resources, and this can prove to be a barrier for many adolescents and families. DBT in Schools: Skills Training for Emotional Problem Solving for Adolescents (DBT STEPS-A) is a social-emotional learning program taught in the school setting on a universal level aimed at reducing office referrals for students exhibiting emotional and or behavioral problems. Rather than waiting to fail, DBT STEPS-A is a preventative curriculum, focused on helping students learn problem solving skills in a safe environment, where they can practice what they learn to build resiliency and healthy coping skills throughout development.

#12 - Examination of the Utility of Trauma Instruments in the Psychological Evaluations of Child Protective Services (CPS) Referred Clients (1.5 Credits)

Karyn Gust-Brey, PhD, Alaina Kroes, PsyD and Madeline Bliske

This session will examine 200 psychological evaluations conducted within the last three years on children, adolescents, and adults (ages of client 4-41+), all referred by CPS agencies. The strengths and limitations of the use of trauma instruments in such evaluations will be discussed. Specific instruments that will be examined include: The Trauma Symptom Checklist for Young Children (TSCYC), the Trauma Symptom Checklist for Children (TSCC), and the Trauma Symptom Inventory - Second Edition (TSI-2). In addition, this session will examine factors that affect the findings obtained and common diagnoses present in the findings from such psychological evaluations, including the prevalence of PTSD in the CPS population.

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FRIDAY, OCTOBER 9, 2020

#13 Keynote Session 8:30 - 10:00am

Healing in the Aftermath of Hate (1.5 Credits)

Pardeep Kaleka, MS, LPC

My story is like one of the many who journey to a new land in hope that our life would be better than the one we would have led had we stayed in India. It is the story of the immigrant and the American Dream. The only thing is that my American Dream was severely interrupted on August 5, 2012 when a white-supremacist, neo-nazi skinhead entered our most sacred spiritual center and killed six worshippers that day, including my father.

Yes, this attack at our most vulnerable Sikh temple devastated our small minority community; but yet, it also galvanized us. This transformation however did not happen overnight. We engaged in a process of communal healing and taught the world that we are more than what happens to us.

I realized that healing from trauma is both individual and communal. I also learned that in order to heal, we must be lovingly challenged. The man who challenged my personal trauma the most is a very unlikely ally – Arno Michaelis, the man who started the organization that the shooter pledged allegiance to. The greatest lesson I learned from Arno is that “hurt people, hurt people,” because pain that is not processed is either transferred or consumed. This understanding allowed for a forgiveness to settle in my heart which in turn allowed me to be free and regain power over my life.

I thought I was experiencing post-traumatic stress, but actually what I’m experiencing is ‘post-traumatic growth.’ It is clear that the journey to post traumatic growth requires a process that we co-create with the world. And while I cannot say what another person’s healing journey should look like, I can tell you that maybe we need to give genuine forgiveness a chance in that spiritual journey.

In a world that is often trying to close us off, it becomes imperative that we remain open. This is done with the steadfast belief that the moral arc of the universe bends to the good, the light. We must all embody that light. Through my story you will learn about the role of well-being from an ecological framework and how it creates a culture of self-reflection, how coping mechanisms can betray us, how unprocessed pain interferes with being connected and productive and how trauma-informed corporate cultures can promote social and emotional well-being.

Breakout Sessions 10:30am - 12:00pm

#14 - Beyond Psychological Harm: Early Life Trauma Can Have Long-Term Effects on Cognitive Functioning

(1.5 Credits) - Nathan Glassman, PhD and Nicole Mathy, MS

Children and teens with significant trauma history including neglect and abuse experience many psychological effects as a result of such experiences. However, they may also incur cognitive deficits, such as reductions in capacity (IQ), learning, attention and processing speed, and Executive Functioning. In addition, children often have difficulties in multiple domains, and with learning, social functioning, and behavior. A rationale will be given for determining when individuals being referred for psychological evaluation would benefit from a more comprehensive neuropsychological evaluation. Often these considerations include children with a complex presentation, those not benefitting from treatment, or those in the foster care and social welfare system. Two case studies will be presented, one of a child, and one of teen, to illustrate how neuropsychological assessment can be used to identify cognitive and emotional dysfunction, compare the pattern of this dysfunction compared with other children in the normative group having mental health and health diagnoses, and make recommendations on the basis of the test results.

#15 - Psych Geeks: The Utilization of Popular Culture in the Teaching and Practice of Psychology (1.5 Credits)

Vanessa Hintz, PsyD and Patrick O’Connor, PsyD

The goal of this presentation is to describe how clinicians can utilize various popular culture phenomena in both the teaching and practice of psychology. In addition to outlining operational definitions of “Geek culture” and other aspects of popular culture, the presenters will describe strategies for effectively introducing and implementing techniques that utilize elements of pop culture, including the influence of popular fictional characters on the individual and collective sense of self. Lastly, implications for teaching and practicing psychotherapy will be discussed, specifically as they relate to evidenced-based practices and teaching styles.

#16 - Adult Outcomes for People with Autism Spectrum Disorder: A Survey of the Research Literature and Recommendations for Supporting Clients (1.5 Credits)

Megan Farley, PhD

There has been a marked increase in research on adult outcomes for people with Autism Spectrum Disorder in the past decade. This presentation will provide an overview of the research with a focus on people with ASD in the US that details many practical aspects of life from leisure activities to health status to residential situations. Conclusions will be drawn about common outcomes regarding major areas of life functioning and about the priorities adults with ASD and their proxies identify as important for ongoing research and policy work. Recommendations for professionals who work with ASD clients will also be offered.

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Breakout Sessions 10:30am - 12:00pm

#17 - Emotional and Relational Intervention and Education to Reduce and Prevent Healthcare Stress and Burnout

(1.5 Credits) - Mark Marnocha, PhD; Deborah Schultz, MD and Suzanne Marnocha, BSN, PhD

Current research has examined risks of burnout among nurses, psychologists and physicians, as well as what may be effective interventions to counter the impacts of vicarious trauma, peer incivility, professional demands and job climates. This session will review recent findings concerning the impacts of stress and burnout upon healthcare professionals and measures to address such impacts, notably the increased suicide rates among nurses and physicians. Equally important are education and preventive teaching integrated into health-care curricula. The speakers will share diverse didactic and affective approaches to such teaching, including expressive techniques, emotional regulation skills, humanistic aspects of health care, family resources, empathic presence, spiritual awareness, instilling hope, and the power of mindful attending to both physiologic and narrative aspects of care. Research outcomes will be briefly summarized pertaining to didactic techniques including Balint groups, expressive experiences, empathic attention and others. The powerful role of professional and emotional mentors will be underscored.

Breakout Sessions 12:30 - 2:00pm

#18 - The Great Psychotherapy Debate: Common Factors and Empirically Supported Treatments (1.5 Credits)

Greg Jurenec, PhD

There has been a debate about psychotherapy raging since Hans Eysenck's claim in 1952 that psychotherapy was no better than, or maybe worse than no treatment at all. Since then, our profession has diligently striven to demonstrate the scientific basis for psychological intervention. In doing so, many in psychology have embraced both the medical model of treatment and research. This includes reliance on the "randomized clinical trials". These are used to "prove" that a specific "treatment" is "efficacious" with a specific condition, much like a particular medication is proven to have efficacy with a specific medical condition. However, there is another perspective which is often overshadowed but is highly relevant: This is the emphasis on the process of change and so-called "common factors" which contribute to successful outcomes. An often forgotten/neglected fact is that large scale studies typically find that comparisons between well-developed methods find little or no differences in efficacy. How can this be? This presentation will discuss this practical and theoretical conundrum.

#19 - Sexting Among Adolescents: Background, Assessment, and Treatment (1.5 Credits)

Lakshmi (Luck) Subramanian, PhD and Lori Burns, MSW, LCSW, ATSAF

Sexting is the act of forwarding or exchanging sexually explicit content via mobile phones or a social media website (Rice et al., 2012; Stone, 2011; Temple, 2012). Easy access to high speed internet and the ubiquity of smart phones has led to sexting behavior among adolescents (Mitchell et al., 2011). Sexting is associated with other risky behaviors and has mental health and legal implications. Appropriate assessment and treatment can effectively address these concerns. This presentation has three broad objectives: 1) To review definitions of sexting, the prevalence of sexting, and the legal ramifications of sexting, 2) to assess adolescents referred for sexting behavior, including assessment of associated risky behaviors and mental concerns, and 3) to provide treatment recommendations for adolescents referred for sexting behavior, including the school and parental roles and education in this context towards the aim of management and prevention.

#20 - Boost Your Brain: 5 Science-Backed Steps to Sharpen Your Memory and Dramatically Reduce Your Risk of Alzheimer's (1.5 Credits)

Michelle Braun, PhD, ABPP(CN)

Given that there is no direct genetic cause for 99% of cases of Alzheimer's, and that Alzheimer's can develop more than 30 years prior to diagnosis, identifying protective factors has become increasingly important. Lifestyle factors have shown a unique ability not only in reducing the risk of Alzheimer's and/or delaying its onset, but also in boosting daily cognitive functioning and enhancing quality of life. The role of lifestyle factors is especially important given that there is no cure for Alzheimer's, no new medications have been approved since 2004 and several leading pharmaceutical companies have exited the Alzheimer's industry. Although several science-backed strategies significantly reduce the risk of Alzheimer's, consumers are often misled by myths, misinformation and pseudoscience to spend time and money on strategies that are not scientifically supported. By learning the top five science-backed strategies that have been shown to sharpen memory and dramatically reduce the risk of Alzheimer's, we can boost not only our own brain functioning, but we can also guide our clients and loved ones to do so.

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FRIDAY, OCTOBER 9, 2020

BREAKOUT/ROUNDTABLE SESSIONS

Breakout Sessions 2:30 - 4:00pm

#21 and #24 - Future Plans vs Realities: How to Effectively Navigate Internship, Fellowship, Licensure, and Beyond! (1.5 Credits)

Jake Diestlmann, PhD and Kelsie Offenwanger, PsyD

This two-part presentation will introduce participants to the myths and realities of a future in psychology. The aim of this session is to provide graduate students and trainees with realistic information about internships, fellowships, Examination for Professional Practice in Psychology (EPPP), licensure and careers. Sample timelines will be provided as a guideline to help participants navigate the application processes, including Wisconsin licensure. Evidenced-based strategies for securing post-doctoral endeavors will be shared. Last and not least, this session will describe the status of the amended EPPP, which includes two parts -- an examination of candidates' foundational knowledge and an examination of candidates' skills. Resources will be provided. Questions, comments, and discussions are encouraged.

Presented by the Diversity & Inclusion Committee:

#22 and #25 - Microaggressions in Clinical Contexts (1.5 Credits)

Kim Skerven, PhD and Vanessa Hintz, PsyD

Microaggressions are common verbal, behavioral, or environmental slights, both intentional and unintentional, that have potentially harmful consequences on the target person or group. An original taxonomy of racial microaggressions has since been expanded to consider the effects of microaggressions on a wide range of people including sexual and gender minorities. Further, authors have explored the impact of microaggressions in various clinical contexts, including the client/therapist relationship as well as the supervisor/supervisee relationship. This breakout session will provide theoretical and research information about microaggressions in clinical contexts. How to recognize microaggressions, factors to consider when deciding whether to intervene when one occurs and a framework for how to effectively intervene will be presented. A range of dyads in clinical contexts where microaggressions could occur will be included, such as client/therapist, supervisor/supervisee, and client/client. The subsequent roundtable session will allow for exploration and application of these concepts to clinical vignettes and attendees' own clinical experiences.

Presented by the Professional Issues Committee:

#23 and #26 - Retiring with Integrity: A Personal Journey (1.5 Credits*)

Dale Bspalec, PhD, Richard Clark, PsyD & Brianna Montano, PsyD

Rather than a "how to" about specific aspects of retirement, this workshop will focus on the process of how we evolve and mature as a psychologist with an eye toward what we will become. Professionals at any stage of their careers will benefit from identifying who they are and where they are going in their careers.

This is a working program with each attendee reviewing various aspects of their career and developing a framework for successful completion of the next stages of their "psychologist identity." Each stage of development will be explored with the audience members being asked to identify encountered barriers, successful resolutions, and personal discoveries.

The final transition from generativity to integrity will be explored in the follow-up session. Participants will be asked to share and help one another develop a plan for a healthy and satisfying career and retirement.

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FRIDAY, OCTOBER 9, 2020

Roundtable Sessions 4:15 - 5:15pm

#24 - Roundtable - Future Plans vs Realities: How to Effectively Navigate Internship, Fellowship, Licensure, and Beyond! (1.0 Credits)

Kelsie Offenwanger, PsyD and Jake Diestlmann, PhD

See session #21 for description.

Presented by the Diversity & Inclusion Committee:

#25 - Roundtable - Microaggressions in Clinical Contexts (1.0 Credits)

Kim Skerven, PhD and Vanessa Hintz, PsyD

See session #22 for description.

Presented by the Professional Issues Committee:

#26 - Roundtable - Retiring with Integrity: A Personal Journey (1.0 Credits*)

Richard Clark, PsyD & Brianna Montano, PsyD

See session #23 for description.

SATURDAY, OCTOBER 10, 2020

#27 - Full Day Workshop 9:00am - 4:00pm

Presented by The TRUST:

Sequence X: Perplexing Problems in Psychological Practice: Decision Science, Ethics & Risk Management -- The TRUST (6.0 Credits*)

Leisl Bryant, PhD

For over two decades, The Trust has worked to educate and support psychologists in improving their risk management skills and strategies by providing live workshops, webinars, risk management consultation and expanding resources. The 10th workshop in our Sequence series will continue to emphasize more applied, integrated and strategic methods to help you protect yourself from adverse disciplinary and legal actions, and stay grounded in ethical principles and practices. The Trust Risk Management Consultants have culled subject matter from some 80,000 consultations provided to date to focus this workshop on problems practitioners often encounter. Topics will include how decision science can inform clinical and ethical decision-making; interjurisdictional practice challenges and navigating the PSYPACT era; complexities in structuring and conducting supervision; managing technology and privacy concerns in practice; and handling subpoenas and depositions. The workshop is designed for an intermediate level.

* This course will not fulfill requirements of all jurisdictions. It is important that potential participants review their respective state licensing board requirements prior to registering for this workshop.